# ARDO MOM KIT

SUPPORTING YOU THROUGH YOUR BREASTFEEDING JOURNEY

USE CODE AT CHECKOUT FOR 15% OFF ➤ **15ardomomkit**

## ardo care lanolin

- 100% ultra-pure medical grade lanolin from Europe; unbleached and free of any additives (no colorings, fragrances or preservatives, no BHT or other antioxidants, no parabens)
- Soothes and helps protect sore and cracked nipples; restores and supplements the skin's natural oils that are removed during breastfeeding
- No need to remove before breastfeeding
- Apply a pea-sized amount after breastfeeding

SHOP NOW ON AMAZON
➤ scan code

## day & night pads

- Absorbent, leak proof design prevents leaks for both day and night wear
- Individually wrapped with a strong adhesive strip
- The pads can be positioned horizontally during the day and vertically at night to prevent leaking.
- Helps prevent yeast infection compared to washable or reusable pads due to single use

## tulips nipple shields

- Helps you achieve your breastfeeding goals if you are experiencing pain or latch issues related to: inverted nipples, flat nipples, tongue tie, overactive letdown, premature baby that can't achieve a deep latch
- Instructions:

## easy clean bags

- Quickly and easily sterilize breast pump parts and accessories
- Each bag can be used 20 times
- Eliminates most common bacteria and germs in only 3 minutes, using just a microwave and water
- Designed for durability and convenience, whether at home or at work

**STEP 1**

wet the inside of the shield with a little breastmilk or water

**STEP 2**

flip the rip of the nipple shield upwards

**STEP 3**

position directly over your nipple

**STEP 4**

unroll the flipped shield back

05.2020/V1